

CITY OF MEMPHIS HUMAN RESOURCES DIVISION Office of Equity, Diversity & Inclusion (Formerly EEO/Labor Relations Bureau) Lactation Accommodation Request Form

## **Lactation Policy & Procedure Overview**

Please ask employee to:

- 1. Complete the Lactation Accommodation Request Form
  - a. Return the completed form to the Diversity & Inclusion Coordinator using one of these methods:
    - Email: EDI@memphistn.gov
    - Fax: 901-696-6698
    - In Person To: The Office of Equity, Diversity & Inclusion, 125 North Main St. Room 414
- 2. Review
  - a. City of Memphis Lactation/Breastfeeding Policy, PM-30-06
  - **b.** Fact Sheet <u>https://www.dol.gov/whd/nursingmothers/faqBTNM.htm</u>
- 3. Questions
  - a. Please contact the Diversity & Inclusion Coordinator in the Office of Equity, Diversity & Inclusion at <u>EDI@memphistn.gov</u>



# CITY OF MEMPHIS HUMAN RESOURCES DIVISION

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FOR OFFICE USE: Date	e Form Obtained:	Date Form Submitted:		
Employee Information				
Employee Name				
Address (Street, City, State, & Zip)				
Phone Number(s)				
Email Address				
Job Title & Division				
Work Location				
Supervisor Name & Phone Number				

Lactation Information			
Date of Return From Maternity Leave	Child's Birth Date		
Anticipated Intervals Needed to Express Milk			
Anticipated Lactation Duration	//       until      ///         NOTICE: Lactation duration must be no longer than 1 year after the child's birth date.		

The below signatures of the requesting employee and Equity, Diversity & Inclusion representative indicate that all individuals have reviewed and understand the above Lactation Accommodation Request and understand the City of Memphis Lactation/Breastfeeding Policy PM-30-06. Following are convenient resources:

- Return form to the Diversity & Inclusion Coordinator by Email: <u>EDI@memphistn.gov</u>, Fax: 901.636.6698 or in person at City Hall, 125 North Main Street, Room 414, Memphis, TN 38103
- Lactation space locations and management/employee responsibilities are outlined. Upon approval, the employee will be provided with instructions on how to access the lactation room at your designated work location.
- **Questions?** Please contact the Office of Diversity, Equity & Inclusion at EDI@memphistn.gov.

Employee Signature:	Date:
EDI Representative Signature:	Date:
Assigned Lactation Facility:	



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## LACTATION SPACE LOCATIONS

The City of Memphis has lactation spaces at many locations including the following, which may be accessed by completing the attached form. If you work at a location without space currently designated, please contact the Office of Equity, Diversity & Inclusion for assistance in locating a space as the need arises.

### **General Locations**

- Fire Station No. 4
- Fire Station #22
- Fire Station #55
- Fire Station #56
- Fire Training Academy
- Crump Police Precinct
- Tillman Police Precinct
- Ridgeway Police Precinct
- Appling Farms Police Precinct
- North Main Police Precinct
- Airways Police Precinct
- Police Training Academy
- City Hall 125 N. Main St. Suite 442
- Inion Extended
- Information Services
- New Administration Building
- Youth Services
- Stiles Water Treatment Plant

#### Libraries

•	Benjamin L. Hooks Central Library				
Northeast Branch Libraries					

- Bartlett 5884 Stage Road
  Cordova 8457 Trinity Road
  Frayser 3712 Argonne
  Hollywood 1530 N. Hollywood
- North
   1192 Vollintine
- Poplar/White Station 5094 Poplar
- Raleigh 3157 Powers
- Randolph 3752 Givens

1460 N. Second Street 2960 Lamar Ave. 4602 Riverdale 7495 Reese 4341 O.K. Robertson 949 E. H. Crump 426 Tillman Street 3840 Ridgeway 6850 Appling Farms Parkway 444 N. Main 2234 Truitt 4341 O.K. Robertson 125 N. Main, Suite 444 2714 Union Ext 4<sup>th</sup> Floor 119 S. Main, Suite 200 170 North Main Street, 7<sup>th</sup> Floor 315 S Hollywood St. 2303 N 2<sup>nd</sup> St.

#### 3030 Poplar Avenue Southwest Branch Libraries

•	Cossitt	33 S. Front St.
•	Parkway Village	4655 Knight Arnold
•	Cherokee	3300 Sharpe
•	Crenshaw	531 Vance Avenue
•	Gaston Park	1040 S. Third
•	South	1929 S. Third
•	East Shelby	7200 E. Shelby Drive
•	Levi	3676 Hwy. 61 South
•	Whitehaven	4120 Millbranch Road



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## LACTATION POLICY HIGHLIGHTS (PM-30-06)

### **Management Responsibilities**

- Ensure that employees who are preparing for maternity leave are aware of the Lactation/Breastfeeding Policy (PM-30-06)
- Work with employees returning from maternity leave to adjust schedules to enable adequate time to express breast milk
- Provide a lactation place that is other than a bathroom, in which the employee can express milk for up to one (1) year after the birth of the child
- Provide a private/sanitary location in close proximity to the employee's work area that contains a lock, comfortable seating, electrical outlets, a sink with hot water and soap
- Provide reasonable unpaid break time each day to an employee who needs to express breast milk
  - Half hour break every four (4) hours to express milk (concurrent with other paid breaks and/or lunch breaks)
  - Extend the work day or shorten the lunch break to enable the employee appropriate breaks to express milk provided the normal break times are insufficient
- Comply with policy. Discrimination is prohibited and subject to disciplinary action
- Upon approval, the employee will be provided with instructions on how to access the lactation room at your designated work location.
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### **Employee Responsibilities**

- Keep the Office of Equity, Diversity & Inclusion Office informed of your needs via written request so that appropriate accommodations can be made to satisfy the needs of both the employee and the City
- Read the Lactation/Breastfeeding Policy (PM-30-06)
- Keep the general lactation space clean for the next user
- Provide storage for expressed milk. Must be properly labeled if storing in a general office storage unit (refrigerator).